

WELCOME TO



A NEW BEGINNING!

WHO ARE WE?

We are a brand new Allstar cheer gym in Laramie, Wyoming. We have rebranded with new ownership from the previous Allstar gym in Laramie, WYO Elite. With a new name and logo, new ideas, updated trainings, and everything in between, we are so excited to begin showing Laramie what we are about.

WHAT DO WE OFFER?

Tumbling classes-

These are guided classes to work on tumbling skills!

During these classes coaches will start with a guided warmup and stretch. Then they will do a tumble warm up across the floor and then they will break athletes up into groups to work skills!

Open gyms-

Our open gyms are not guided. This time is for athletes time to go in and work on whatever they may want! Coaches will be available to spot or help set up drills throughout the time!

Competition teams-

These teams travel to different competitions and compete their routines monthly. Athletes must tryout for these teams. They will practice 1-3 times a week depending on division. Athletes on these teams must be highly committed. These teams require a lot more financially than the other classes in the gym! These competition teams are what Allstar cheer is all about! It is intense yet so rewarding!

Performance teams-

These teams do not travel. They will perform their routines at showcases and events around town. These teams practice 1 time a week.

Private lessons-

These lessons are one-on-one with one athlete and one coach. These are tailored to the athlete to work on anything they need.

WHAT ARE THE DIFFERENT DIVISIONS OF COMPETITION TEAMS?

	NOVICE	PREP	ELITE
PRIOR EXPERIENCE NEEDED?	NONE	NONE	1+ YEAR OF ALLSTAR CHEERLEADING
# OF PRACTICES PER WEEK	1	2	3
# OF COMPETITIONS	4	7	9 (Not including Worlds)
TRAVEL COMPETITIONS? (Out of CO & WY)	NONE	1	2 (Not including Worlds)
POSSIBLE BID? (A chance to earn an invitation to ASWC in FL)	NO	NO	YES
ROUTINE LENGTH	1:30	2:00	2:30

WHAT ARE THE DIFFERENT COST OF DIVISIONS?

	NOVICE	PREP	ELITE
REGISTRATION FEE (1X YEARLY)	\$75	\$75	\$75
MONTHLY TUITION:	\$75	\$200	\$245
UNIFORM FEE: 2-3 YEAR WEAR	\$175	\$300	\$400
PRACTICE WEAR FEE:	NOT REQUIRED	\$80 1 SET	\$160 2 SETS
TEAM JACKET FEE: (1X YEARLY)	NOT REQUIRED	\$105	\$105
MUSIC FEE:	\$30	\$75	\$175
CHOREOGRAPHY FEE:	\$25	\$125	\$250
COMP FEE:	\$80-100 DEPENDING ON COMP \$264 TOTAL	\$90-150 DEPENDING ON COMP \$709 TOTAL	\$100-160 DEPENDING ON COMP \$992 TOTAL

WHAT IS THE COST OF FOR NON-COMP OPTIONS?

	REGISTRATION FEE (1X YEARLY)	TUITION:	ATTIRE FEE:	PUNCH CARD AVLIBLE?
TUMBLING	\$75	\$14/CLASS	N/A	YES
OPEN GYM	\$75	\$10/CLASS	N/A	YES
CHEER BASICS	\$75	\$35/MONTHLY	\$25	NO
CHEERABILITIES	\$75	\$25/MONTHLY	\$25	NO
18+	\$75	\$8/CLASS	N/A	YES
PRIVATE LESSONS	\$75	\$30 FOR 30 MINUTES \$50 FOR 1 HOUR	N/A	NO

HOW ARE THE LEVELS SPLIT UP?

WE SPLIT THE TEAMS BY DIVISIONS AND LEVEL. LEVEL IS BASED ON MANY THINGS BUT PRIMARILY TUMBLING.

LEVEL 1

LEVEL 2

LEVEL 3

RUNNING TUMBLING	STANDING TUMBLING	RUNNING TUMBLING	STANDING TUMBLING	RUNNING TUMBLING	STANDING TUMBLING
HANDSTAND FOWARD ROLL	CARTHWHEEL	DIVE ROLL	FRONT HANDSPRING	BHS SERIES	PUNCH FRONT
BACK EXTENSION ROLL	ROUND OFF	BACK HANDSPRING (BHS)	ROUND OFF BHS	JUMP- BHS BHS	ROUND OFF BHS TUCK
BACK WALKOVER (BWO)	CARTWHEEL BWO	BHS STEP OUT	ROUND OFF BHS SERIES	BWO BHS SERIES	AERIAL
BWO SWITCH KICK	CARTWHEEL DOUBLE BWO	BACK WALKOVER BHS	CARTWHEEL BHS		FRONT HANDSPRING- PUNCH FRONT
FRONT WALKOVER	FRONT WALKOVER- CARTWHEEL- BWO	VALDEZ BHS	FRONT WALKOVER- ROUND OFF- BHS		FRONT HANDSPRING- AERIAL
VALDEZ			BOUNDER		SPECIALTY PASS ENDING IN TUCK

IS THERE ANY FINANCIAL HELP?

Fundraisers:

FUNDRAISING IS A GREAT WAY TO HELP WITH THE COST OF THE SEASON! WE WILL HAVE MULTIPLE FUNDRAISERS THROUGHOUT THE SEASON! BY HELPING OUT AT THESE EVENTS, YOU CAN EARN MONEY FOR YOUR INDIVIDUAL ACCOUNTS THAT CAN GO TOWARDS FEES AND TUITION!

'Sponsor my season' sheets

ANOTHER GREAT WAY IS TO HAVE FAMILY AND FRIENDS HELP OUT! WE HAVE A 'SPONSOR MY SEASON' AND OTHER SPONSORSHIP FORMS THAT WILL GO OUT TOWARDS THE BEGINNING OF THE SEASON!

UW Concessions:

WE HAVE AN AMAZING OPPURTUNITY TO WORK THE UW GAME CONCESSIONS! THIS IS A FUN AND EASY WAY TO EARN MONEY FOR YOUR ACCOUNT!

Scholarships:

WE DO OFFER SCHOLARSHIPS, HOWEVER WE HAVE VERY FEW OF THESE TO GIVE OUT. IF YOU ARE INTERESTED STOP BY THE OFFICE AND ASK FOR AN APPLICATION! ,

CHECK OUT OUR ATTIRE!

PRACTICE WEAR:



FUN EXTRAS:



Shop our pro shop!



UNIFORMS:



MEET THE STAFF!



ZOE

OWNER, FINANCIAL MANAGER, COACH

BELLA



COACH

KAITLYN



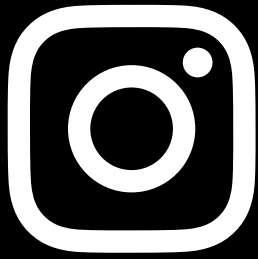
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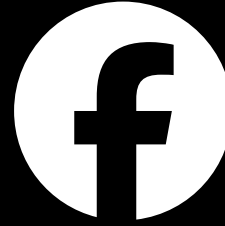


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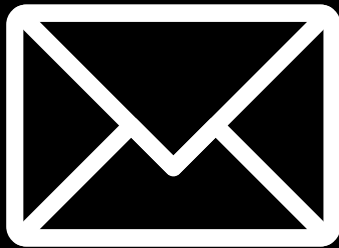
CONTACT US!



@7220athletics



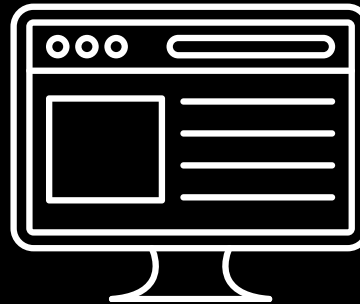
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